

# CHERIE'S DANCE STUDIO

## SUMMER Classes

4000 Center Point Rd NE

Studio 319-393-2314

Cherie's Dance Studio has brought many years of dance excellence to thousands of families in Cedar Rapids and the surrounding areas. Based on cutting-edge creativity, age-appropriate instruction, and clean-cut family entertainment, we have established a foundation of educational progress, theatrical excitement, and professional service to our community.

Our children's programs teach the fundamentals of dance and proper technique, while also promoting poise, passion and encouraging a love of dance. Our teachers are experienced and we respect kids. We know how to work with their abilities and developing bodies.

### \*\*\* 2022 SUMMER SCHEDULE \*\*\*

Summer Classes are 10 weeks. Classes start Monday, June 6<sup>th</sup>.

## *Princess in Training!*

**Ages 2.5 and 3 year olds**

A creative movement class designed for the child to enhance motor skills, coordination and good listening habits all the while experiencing fun and the enjoyment of learning to dance. Theme styled ballet, tap and tumbling. Children age 3 that danced this year may also consider the next level up. This class is 30 minutes weekly, the cost is \$90.00 (tax included) for 10 weeks.

**This class begins Thursday, June 9<sup>th</sup> at 5:00.**

## **Dancin' Feet!**

**Ages 3 ½, 4, and young 5 Dance levels 1 & 2**

Give your child the ultimate experience in a musical atmosphere of dance, song and pretending. They will develop the grace of ballet, the rhythm of tap, and the flexibility and strength of tumbling. This class is 45 minutes weekly, the cost is \$105.00 (tax included) for 10 weeks.

**This class begins Tuesday, June 7<sup>th</sup> at 6:00.**

## *Pom/Jazz Fusion + Flip Hop*

**Ages 5, 6, 7 and 8**

All kids love to shake the pom poms and strut around, mix it with jazz and we have an awesome class. This class will also introduce the young dancer to tumbling needed for hip hop as well as learning the basic technique of jazz. This class is 45 minutes weekly, the cost is \$105 (tax included) for 10 weeks.

**This class begins Thursday, June 9<sup>th</sup> at 5:30.**

## **Prima Ballerina & Broadway Tap**

**Ages 5, 6, 7 & 8**

A class for dancers who want to learn the technique of ballet and the basics of tap. This class will introduce your child to ballet barre as well as center combinations. The tap is a mixture of classical and rhythm tap. Tap is a great way to make a lot of noise while learning incredible footwork and rhythm. This class is 60 minutes weekly, the cost is \$110.00 (tax included) for 10 weeks.

**This class begins Thursday, June 9<sup>th</sup> at 6:15.**

## **UPSIDE DOWN TUMBLING**

**Ages 5 and up**

Learn basic tumbling as you advance thru bridges, back bends, cartwheels, limbers, etc. This class is 30 minutes weekly, the cost is \$90.00 (tax included) for 10 weeks. **Class begins Tuesday, June 7<sup>th</sup> at 6:45.**

## Get Loose Hip Hop Ages 8 & up

The class will learn isolations, popping and locking, breaking, floor work, traveling movements, stalls and advanced hip hop technique. A class for all hip hop levels. Learn the many different styles that have created hip hop as we know it today. Class is 30 minutes weekly, the cost is \$90.00 (tax included) for 10 weeks. **This class begins Tuesday, June 7<sup>th</sup> at 7:45.**

## Contemporary/Lyrical

Ages 8 & up

It's the most pure and simple form of movement you may experience. It can be fast, slow, high impact, gentle, loud, etc. It's a dancing style that will challenge the dancer with abstract choreography, movements and improve. Class is 30 minutes weekly, the cost is \$90.00 (tax included) for 10 weeks. **This class begins Tuesday, June 7<sup>th</sup> at 7:15.**

## INTENSIVE Semi-Intermediate

Ages 8-12

Tap, Ballet technique, Jazz/Hip Hop and Stretch. All students with at least two years of dance, working to become an elite, this class is for you! The cost \$180.00 tax included for 10 weeks, **if bundled with tumbling \$320 for both.** **This class begins Thursday, June 17<sup>th</sup> at 7:00 – 8:30.**

## Elite INTENSIVE (E1, E2 & E3)

### 2 HOURS

Turns, tap technique, jazz, lyrical and STRETCHING. This class is for Elites and very experienced dancers only. This class will be split depending on the agenda for that week. The cost is **\$200.00** for one day or **\$330 one day intensive bundled with tumbling, \$250.00** for both days or **\$375 two day intensive bundled with tumbling** (tax included) for 10 weeks. **This class begins Tuesday, June 7<sup>th</sup> at 6:30 and/or Thursday, June 9<sup>th</sup> at 6:30.**

## Pointe Prep 1 & Pointe 2

Ages 9 and up

**Pointe 1** is for ballet students who have or are working to get their pointe shoes. You will work on basic exercises and combinations to improve your arch for pointe. A well balanced class for the beginner to the older student age 9 and up. **Pointe 2** is for students that have pointe shoes and have taken pointe for 2 or more years. This class is 30 minutes weekly, the cost is \$87.00 (tax included) for 10 weeks.

**Pointe 1 begins Tuesday, June 7<sup>th</sup> at 5:00 & Pointe 2 begins Tuesday, June 7<sup>th</sup> at 4:30.**

## Tumbling Intermediate & Advanced

The Tumbling1 (E3 & E4) class is for the student who can do front and back walkovers on their own and is ready for back handsprings and aerials. Tumbling 2 (E1 & E2) is for students that are doing back handsprings and aerials. This is a 30 minute class, 3 times a week, Monday, Wednesday & Thursday. The cost is \$180.00 tax included for 10 weeks. See Bundle price under intensive. **The Tumbling 1 class begins Monday, June 6<sup>th</sup> at 4:30 & Tumbling 2 Monday, June 6<sup>th</sup> at 6:00.**

**Private Lessons (30 minute)** Private lessons are a way for a dancer to focus on the individual areas of dance they need to improve on with one on one instruction. These lessons may focus on one area of dance or all areas of dance depending on the dancer's needs. These lessons can be scheduled as a one-time lesson or as weekly lessons. Cost for 30 minutes is \$30 tax included.

## NEW \*\*\*Target Training\*\*\*

Is there a trick, turn or skill you are trying to master? This is a 1 hour weekly limited class for you to focus on tricks & turns you are working on mastering. It is open studio time only with a few other focused dancers and CDS Staff to ask questions and get feedback to help you master your trick. Space is limited to assure plenty of space and more one on one attention. The cost is \$110 (tax included) for 10 weeks. Offered Mon 5-6, Tues 5-6 or Wed at 5-6.

Each dance camp is a week-long or 5 hour camp of fun and learning!!! All camp dancers will receive a CDS Summer Camp t-shirt included with their camp cost. Each additional camp you sign up for will include more fun goodies. There must be a 5 dancers signed up the Friday before in order to hold that camp, so please register for your camps ahead of time. All camps are \$75 tax included.

### **June 13<sup>th</sup> – 17<sup>th</sup>**

**5:00 – 6:00**

**Encanto Ages 2.5 – 7** – If your little dancer is twirling around the house singing Bruno no no, give them the opportunity to dance & sing their heart out at the Encanto Camp. They will sing, dance, and have fun with others, getting an introduction to dance and an opportunity for great fun! We welcome you to a performance on Friday at 5:55.

### **July 11<sup>th</sup> – 15<sup>th</sup>**

**5:00-6:00 Character/Musical Theater All Ages** – Learn to dance in-character with our Musical Theater Camp. Dance along with songs from popular musicals as you learn to sing, act and dance at the same time as using props. We welcome you to a final performance on Friday at 5:55 for parents.

### **July 25<sup>th</sup> – July 29<sup>th</sup>**

**5:00-6:00 Flying High & Flip Flops** – Get ready to tumble! Our Flying High & Flip Flops camps will help our dancers work on aerials and handspring, taking tumbling skills to the next level. With techniques that have proven successful in the past and hard work, get ready to start flying!

### **Aug 8<sup>th</sup> – 12<sup>th</sup>**

**5:00-6:00**

**Story Telling Through Movement & Lifts Camp Ages 8 & up**– This camp is about listening to songs and learning to attach emotion to movement. Dancing is a fun way to express yourself but sometimes you need others the help you fully get the beauty across to the audience. One way to help is with lifts. During this week at lifts camp you will get to learn and try new fun lifts and partner tricks. We welcome you to a final performance on Friday at 5:55 for parents.

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### **June 27<sup>th</sup> – July 1st**

**5:00-6:00**

**Improv** – A dancer needs to be ready for anything when they dance. This camp will give them tips and new ideas to help them be able to listen to a song and dance what they feel. This camp will be very helpful for competition dancers. We welcome you to a final performance on Friday at 5:55 for parents.

### **July 18<sup>th</sup> – July 22<sup>nd</sup>**

**5:00-6:00 Turn Time & Leg Up/Extensions Ages 10 & up**–Learn to tighten your core, maintain balance, have the proper posture, and strengthen your spot to improve your turns. New combinations of turns to try, with adding extension and flexibility to tricks. Dancers will learn combinations and work on flexibility and strength training.

### **Aug 1<sup>st</sup> – 5<sup>th</sup>**

**5:00-6:00**

**Fitness Ninja Ages 6 & up** – Keep active with this fun activity fitness camp. Keeping it fun with jump roping, box jumping, obstacle courses and more all while incorporating dance steps and techniques to get through the course.

**\*\*\*NEW\*\*\* Summer Punch Pass!!!**

If you don't want to commit to a class every week for 10 weeks or you take the summer off due to vacations and other summer camps activities, get our new summer punch pass! The CDS summer punch pass is a great way to be able to just drop in on the days you aren't busy or try different classes. Punch pass is good for any class of your dancer's age. Excludes Intensives

**- 8 punches is \$90**

**- 16 punches is \$165**

**- Unlimited is \$195**

Summer dance is fun and very important to maintain your child's flexibility, skill levels and learning advancement. If you are looking for a class that is not offered, please let us know, and we will consider adding it to our schedule. All classes must have a minimum of 5 students, if class is cancelled students will be offered another class of equal value.

**We do not wear black shoes on our dance floors, for fall they will need the color and style required for their class. For summer classes, you do not need the correct shoe for every class. Any shoe that is not black is acceptable, except for tumbling and pointe classes.**

**ALL PRICING IS FOR A TEN WEEK PERIOD OF CLASSES.**

**Last week of classes is Monday Aug. 8<sup>th</sup> – Friday Aug. 12<sup>th</sup>.**

We accept cash, check and credit or debit cards in person, not over the phone for lesson payments. **Please return your form by mail to Cherie's Dance Studio (4000 Center Point Rd NE Cedar Rapids, IA 52402) with your payment enclosed by Friday, June 3rd. There are no discounts for vacations or other absences.**

Child's Name \_\_\_\_\_ Age \_\_\_\_\_ Birth Date \_\_\_\_\_

Parent's Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Camp: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

Camp: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Camp: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

**\*\*\*NEW\*\*\*** Punch Pass: 8 punches \$90 \_\_\_\_\_ 16 Punches \$165 \_\_\_\_\_ Unlimited \$195 \_\_\_\_\_

Total \$ \_\_\_\_\_ Check # \_\_\_\_\_

If you have any questions, please Call Jenny Abben 319-393-2314